

# Please call Centre to Register!



## Lake & Shore

Community Recreation  
Centre

(902) 827-2700

[www.lakeandshorerec.ca](http://www.lakeandshorerec.ca)

Mon	Tues	Wed	Thurs	Fri
<p><b>Hip Hop Dance</b> Ages 6+</p> <p>5:30-6:30pm Jan 11 - Mar 1 No Class Feb 15 \$50</p>	<p><b>Parkour #1</b> Ages 6+</p> <p>3:30-4:30pm Jan 12– Mar 2 \$88</p>	<p><b>Wacky Wednesday</b> Ages 6+</p> <p>6:15 –7:30 pm Jan 13-Mar 3 \$75</p> <p>Crafts, Science Baking, Button- making and more. Each week something new.</p>	<p><b>Acro After School</b> Ages 6+</p> <p>4-5:15pm Jan 7-Feb 25 \$100</p> <p>Must be able to do a round off &amp; Bridge kick-over (back walkover)</p>	<p><b>Fun Fridays</b> Age 5+</p> <p>6-8:30pm Jan 15- 29 Feb 5,19,26 \$10 -\$15</p> <p>Please bring water bottle and Canteen money \$\$ Each week different theme. Call for more information.</p>
<p><b>Rockin The Ropes</b> Ages 6+</p> <p>6-7:30 pm Jan 11-Mar 1 No Class Feb 15 \$78</p>	<p><b>Parkour #2</b> Ages 6+</p> <p>4:45-5:45pm Jan 12– Mar 2 \$88</p>		<p><b>Tiny Tumblers Intro to Tumbling</b> Ages 4-5</p> <p>5:30-6pm Jan 7—Feb 25 \$44</p>	<p><b>Archery</b> Adults &amp; Children Ages 7+</p> <p>6:30-8pm Jan 8-29 \$30</p>
		<p><b>Games Galore &amp; Obstacle Course</b> Ages 6+</p> <p>6:30-7:30 pm Jan 13-Mar 3 \$60</p> <p>Each week fun games and obstacle course</p>	<p><b>Tyro Tumblers</b> Age 6+</p> <p>6:15-7:15 Jan 7—Feb 25 \$88</p> <p>All Levels Welcome</p>	

